

# PROTECT YOURSELF FROM Hepatitis A

## HOW IS IT SPREAD?

Hepatitis A is a contagious liver infection. The virus is found in the stool of people with the infection and is usually spread by consuming food or water contaminated with the virus.



Not washing hands



Sex with infected partners



Eating/drinking foods contaminated by HEP A



Illegal drug use

## WHAT ARE THE SYMPTOMS?



Yellowing of eyes and skin (jaundice)



Fever



Nausea or throwing up

Other symptoms include dark pee, pale poop, stomach pain, feeling tired or loss of appetite.

**If you have symptoms, SEE YOUR DOCTOR.**

## Prevent the spread of HEP A



**WASH YOUR HANDS**



**High Risk:**  
Illegal drug users  
Homeless

Men who have sex with Men (MSM)

People recently in jail or prison

People with underlying liver disease



**Get vaccinated if you are at high risk!**

## Reporting

24 hour reporting time frame

*Use EPID 200*



EPID forms can be downloaded at <http://www.christiancountyhd.com/file/366a170f-f423-4f87-9af8-cab49e5c325e>

**For More Information:**

[www.christiancountyhd.com](http://www.christiancountyhd.com)  
[www.cdc.gov](http://www.cdc.gov)